



MOH PAI DEFENSIVE ARTS

Edmonton Training Schedule: January – March / 2020

Class Times and Locations: *

Day	Time	Location
Mondays & Wednesdays	Cancelled until further notice due to COVID-19	Queen Alexandra Community Hall 10425 - University Ave., Edmonton
Thursdays		Don Wheaton Family YMCA, room: <u>Studio 1</u> 10211 - 102 Ave., downtown Edmonton

* **ALL classes** are **suspended** until further notice due to COVID-19 response. Stay safe. Stay healthy. Remain Positive. Stay tuned. Contact us if you have any questions!

\$50 monthly membership fee

- includes all training days & locations
- accepting adults & youth age 15 and up

Free Trial class & First 3 months of training for the price of 2!

(New students only, limited time offer -- while promotion is in effect)

Recommended Training Attire:

- long training pants
- a T-shirt or long-sleeve top
- clean indoor training shoes (the lighter and more flexible the better)
- a water bottle

www.mohpai.com

edmonton@mohpai.com

780-638-2630

Training Calendar			
2020	Mon	Wed	Thu
Time (PM)	7:15 - 8:15	7:15 - 8:15	7:30 - 8:30
January	Happy New Year!		2
	6	8	9
	13	15	16
	20	22	23
	27	29	30
February	3	5	6
	10	12	13
	no class	19	20
	24	26	27
	2	4	5
March	9	11	12
	16	ALL classes are cancelled until further notice due to COVID-19	
	Stay Safe!		